

## ABOUT US

The Federation of Community Foundations in Poland was established in 2000 and associates 15 organizations functioning in 11 voivodships (4 of them are located on the eastern border of Poland). We operate in consultation and close cooperation with local governments, and other non-governmental organizations. Our and our members' activities involve 250 people.

### **During 20 years of operation, Community Foundations associated in the Federation of Community Foundations in Poland:**

- awarded over 3,500 subsidies for the amount of nearly PLN 11 million (all grants were transferred to schools, ngo, social care-home, libraries, childcare home, community center and many others initiatives groups),
- as a part of stipend programs funded nearly 5,800 scholarships for talented kids and youth from destitute families in the amount of PLN 8.1 million,
- implemented and coordinated thousands of educational programs.

## **We have been helping Ukraine from the first day of the war!**

### **WHO WE SUPPORT?**

- Refugees who have already arrived at Poland and need shelter, medical, legal or psychological assistance,
- People who are at the border and want to get to Poland (mainly women with children),
- People who are still in Ukraine. Thanks to donations, we systematically provide real help, which goes directly to twin non-governmental organizations in Ukraine. They provide support to the local community and soldiers fighting at the front. We have provided among others: food, sleeping bags, blankets, power banks, torches, walkie-talkies, medicines, first aid kits.

### **WHERE IS OUR EFFECTIVENESS FROM?**

- We are in constant and daily contact with Ukrainian organizations, and we receive their lists of needs on an ongoing basis, to which we respond immediately,
- We organize the transport of products ourselves, which we deliver directly to selected communities from the region of Kiev, Zaporizhia, Bila Cerkiev, Vasylkiv, Zhitomyr, Vinnitsa, Chernihiv, or the Bar region,
- We purchase equipment that is difficult to find in Ukraine (power banks, aggregates, sleeping bags or walkie-talkies),
- We pay for the purchase of drugs (including prescription drugs) and deliver them to Ukrainian hospitals,
- We help refugees at the border, in the country and in our local communities, where Ukrainian citizens are located,
- Each community fund supports its municipalities and counties in caring for refugees, thus relieving local governments,

## HOW CAN YOU SUPPORT US?

We have opened dedicated bank accounts in PLN, EURO and USD, where you can make a donation:

### PLN

Account number: PL14 2030 0045 1110 0000 0220 9610

### EUR

Account number: 30 1600 1462 1025 7101 7000 0004

KOD SWIFT: PPABPLPK

### USD

Account number: 57 1600 1462 1025 7101 7000 0003

KOD SWIFT: PPABPLPK

Federation of Community Foundations in Poland

Organization address: Wojska Polskiego 18 street, 57-500 Bystrzyca Kłodzka

BANK: BNP Paribas Bank Polska S.A.

- We have launched a fundraising campaign on the platform rzutka.pl - [Ukraino Nie Jesteś Sama!](#)
- After consulting us, you can provide in kind aid directly to our coordinators on the eastern border (we have warehouses and a distribution center - also on the Ukrainian side)

## COOPERATION

We cooperate not only with local governments and non-governmental organizations, but also with brands such as:



## PAYMENTS AND EXPENSES

So far, the Federation of Community Foundations, thanks to the support of companies, foreign organizations, local self-governments, fundraising campaigns and its own funds, jointly supported the Ukrainian community within kind aid worth over PLN 740,000.

PRODUCTS	SUM in PLN
Food, pet food, clothes, electronic equipment, fire extinguishers etc. obtained from German communities and organizations	250 000 zł

Sleeping bags, blankets, mattresses, bedding, towels, school supplies	150 000 zł
Thermal clothing and underwear, jackets, raincoats	150 000 zł
Chemical articles	100 000 zł
Electronic equipment (power banks, walkie-talkies, torches, batteries)	60 000 zł
Medicines, first aid kits, bandages, tourniquets	30 000 zł

In addition to the above all organizations associated in the Federation, thanks to their contacts, donations, our support, and excellent work organization, spent a total of approx. **PLN 800,000**.

### **NEEDS CONTINUOUSLY GROW**

The needs of the army and soldiers: Kevlar helmets, bulletproof vests, tactical footwear, thermal imaging equipment, warm clothes for men, walkie-talkie sets (with a range of 10 km or more), medical supplies, including specialized bloodstopping equipment, dressings, painkillers, medications for burns, first aid kits, tourniquets, bars (unlike chocolate, they can be conveniently stored in your pocket), energy drinks.

**Everyday use for civilians in Ukraine:** ordinary Esmarch rubber harness, batteries (AA, AAA, 12V for guaranteed power supplies and generators), chargers, small gas cylinders, power generators (portable), sleeping bags, M, L diapers (adults), Baby pampers of all sizes, wet wipes, baby food, sleeping bags, mats, mattresses, blankets, pillows, 3-5 liter thermoses for drinking and eating, products for long-term storage (canned goods, cereals, flour, condensed milk), tea, coffee, personal care products (shampoo, dry shampoo, toothpaste, soap, etc.).

### **Products and tips for their purchase we received from the director of Ukrainian Community Foundations:**

- canned meat, fish and pates with a pin that can be opened without an opener,
- toothpaste, shampoos, gels, large-capacity shaving foams,
- whole staples of pasta, rice or cans. They are easier to store and transport than individual packages
- ready-to-eat food or food that takes as little preparation as possible (e.g. buckwheat, semolina, white rice, oatmeal. Therefore, do not buy peas, wheat or barley, or brown rice, because they take a long time to cook),
- products that can be prepared with only water at his disposal or the possibility of heating (express coffee (not coffee beans), ready-made soups and dishes,
- biscuits in large packages, because small plastic boxes take up a lot of space and have little weight,
- large packages of painkillers, burn ointments, bandages or entire first aid kits,
- aggregates, torches and binoculars,

### **ACTIVITIES OF COMMUNITY FOUNDATIONS FOR UKRAINIAN FAMILIES WHO ARRIVED AT OUR COMMUNITIES**

All Community Foundations have been operating for the benefit of their communities for about 20 years. Our task is not only to convince people that everyone can be a changemaker but most of all to show that we

respond immediately to local needs. So far, the sum of goods handed over to Ukraine by individual funds has exceeded the value of PLN 800,000.

Currently and soon, help is needed for Ukrainian families, traumatized and desperate women and children, who found themselves in a new, unknown environment, leaving all their belongings and, most importantly, leaving their relatives in the war. The list of needs for Ukrainians already staying in Poland is becoming larger and larger (we confirm this after talks with the mayors of cities and communes). Most of the refugees came with one suitcase, and sometimes even a plastic bag. They need clothing, hygiene products, backpacks for school for children and, for example, educational games, crayons, pencils, paper. etc.

In kind aid is one thing but creating a **long-term help strategy** will also play a very crucial role (we are currently working on it as a team). It will contain peer tutoring, integration programs, support groups, training of cultural assistants, as well as the organization of cultural events. We already have a base of trainers, we have "processing capacity", i.e. volunteers, and we are focused to act quickly and efficiently.

## **THE NEEDS OF THE FEDERATION OF COMMUNITY FOUNDATION IN POLAND**

All our members and the FFL teamwork pro bono as volunteers. Therefore:

**100% of contributions are transferred to help in Ukraine or for Ukrainians in Poland.**

We do not charge remuneration or fees for the purposes of our own- and third-party activities.

For more information about us and our activities check our website [www.ffl.org.pl](http://www.ffl.org.pl) or our [Facebook profile](#) where we report on our activities on an ongoing basis.

Join the aid action carried out by people struggling with the drama of war.

**UKRAINO, YOU ARE NOT ALONE!**

### **CONTACT:**

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[Linkedin Profile](#)